



HEMPNALL NEWSLETTER

SUNFLOWER FEDERATION

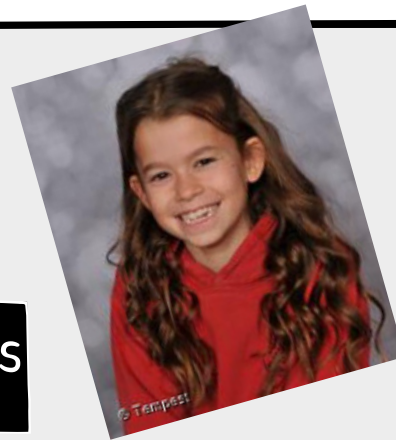


Welcome back to the Summer Term. We have had a busy week, with the kitchen changing from Norse to in house catering. Louise and the team have made some really delicious food, with the spaghetti bolognese being a real hit with the children. On Thursday we had representatives from year 3 attend a maths quiz at the Norwich School and some year 5 and 6 children attending the Rugby Fest at Wymondham Rugby Club. Mrs Wilkinson, Mrs Pretty, Miss Last and I have really enjoyed being with the year 4s at Eaton Vale this week, it has been a pleasure offering these opportunities to the children and I thank the staff for their dedication to the vision of offering pupils a wide range of opportunities.

Mrs Lewis

1.

SPORTS NEWS THIS WEEK



This week in PE, KS1 have began their unit of athletics. Our focus in lessons has been to develop and improve sprinting technique and the standing start position for short distance races. A special mention goes to George in Falcon class for demonstrating a superb standing start technique and brilliant acceleration when sprinting!

KS2 have also began their unit of athletics. This week we have been focusing on improving reaction time, the standing start technique and the 'drive phase' when sprinting. A special mention goes to Orla in Red Kites class for implementing their knowledge of standing start positions and acceleration techniques to improve their sprint speed!

In other news, 40 Year 5-6's across the Federation took part in a Tag-Rugby Festival at Wymondham Rugby Club this Thursday. The pupils had the opportunity to take part in a variety of skill based activities in the morning to improve their knowledge and techniques within Rugby. In the afternoon they then got to take part in some competitive games where all the teams did themselves proud and got lots of wins but more importantly, really enjoyed themselves and had a brilliant day out! Mr Geen



SEND FEST



3.



SENDfest is a free, fun event for young people with additional needs under the age of 25 and their families. It is a completely inclusive and accessible event, with attendees at 2023's first SENDfest commenting that they enjoyed a day with their family feeling relaxed and understood, with their child able to just be themselves in a non-judgemental environment.

Taking place across two days this year, families can choose the vibe they want, from either a more chilled day with quieter activities or a full-scale festival-style experience. Both days will feature workshops, exploration activities and a picnic in the park with a retro feel.

Families can book one day only that best suits their individual needs:

- Saturday 1 June 2024 - 'Chilled Vibes'
- Sunday 2 June 2024 - 'Festival Vibes'

Find out more at www.norfolkmusichub.org.uk/site/sendfest-2024



READING CORNER

Parent Cafes for Phonics and Reading

Next week I will be holding parent cafes for phonics and reading for families in Reception and Years 1 and 2.

Set 2 and Set 3 Sound café. This café is recommended for Year R parents and for any Year 1 parents who have not attended before and want to know more.

Phonics Screening Check Café. This café is highly recommended for Year 1 parents and for Year 2 parents whose child is re-sitting the Phonics Screening check this year.

Parents are welcome to attend in person at either school or online. Please register your intent to join using this [link](#).

Monday 22nd April at Brooke Primary School

2:45pm Set 2 and 3 Sounds

3:15pm The Phonics Screening Check

Wednesday 24th April Online

7:30pm Set 2 and 3 Sounds

Join using Zoom: [https://us05web.zoom.us/j/86785125615?](https://us05web.zoom.us/j/86785125615?pwd=RepkGTEMFHSM1DwJ6SNY28bxUHynuY.1)

[pwd=RepkGTEMFHSM1DwJ6SNY28bxUHynuY.1](https://us05web.zoom.us/j/86785125615?pwd=RepkGTEMFHSM1DwJ6SNY28bxUHynuY.1)

8pm The Phonics Screening Check

Join using Zoom: [https://us05web.zoom.us/j/86964114054?](https://us05web.zoom.us/j/86964114054?pwd=s9b2qJxI1mPj9jFukNHcnssebDJejU.1)

[pwd=s9b2qJxI1mPj9jFukNHcnssebDJejU.1](https://us05web.zoom.us/j/86964114054?pwd=s9b2qJxI1mPj9jFukNHcnssebDJejU.1)

Friday 26th April at Hemphall Primary School

2:45pm Set 2 and 3 Sounds

3:15pm The Phonics Screening Check

I look forward to seeing you at the cafes! Mrs Perry

4.

A Guide for Parents...

Year One

Phonics Screening Check

What is Phonics?

Children begin to learn phonics (sounds) in Early Years both Nursery and Reception. Once children begin learning sounds, these sounds are used orally to identify and make words. They will then begin to learn the letters which make each of the sounds and these are used to read and spell words.

For this reason, the first initial sounds that are taught are 's', 'a', 't', 'p', 'i', 'n'. These can immediately be blended for reading to make simple CVC words (consonant, vowel, consonant) e.g. sat, pin. Children then develop segmenting for writing skills; breaking the word into sounds to spell it out.

What is the Phonics Screening Check?

Children in Year 1 throughout the country will all be taking part in a phonics screening check during the same week in June. Children in Year 2 will also take the check if they did not achieve the required result when in Year 1 or they have not taken the test before.

Headteachers should decide whether it is appropriate for each of their pupils to take the phonics screening check. The phonics screening check is designed to confirm whether individual children have learnt phonic decoding and blending skills to an appropriate standard.

What Happens During the Screening?

The test contains 40 words. Each child will sit one-to-one and read each word aloud to a teacher. The test will take approximately 10 minutes per child, although all children are different and will complete the check at their own pace. The list of words the children read is a combination of 20 real words and 20 pseudo words (nonsense words).

Pseudo Words (Nonsense Words)

The pseudo words will be shown to your child with a picture of an alien. This provides the children with a context for the pseudo word which is independent from any existing vocabulary they may have. Pseudo words are included because they will be new to all pupils; they do not favour children with a good vocabulary knowledge or visual memory of words.

Reporting to Parents

By the end of the summer term all schools must report each child's results to their parents. They will also confirm if the child has met the standard threshold. Children who do not achieve the expected level will retake the test when they are



How Are the Results Used?

Results from the check will be used by schools to analyse their own performance and for Ofsted to use in inspections.

“ Read as much as possible to and with your child. ”

How Can I Help My Child at Home?

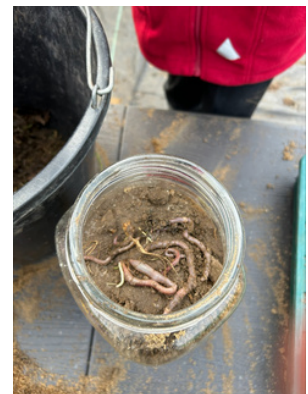
- Play lots of sound and listening games with your child.
- Read as much as possible to and with your child.
- Encourage and praise – get them to have a 'good guess'.
- If your child is struggling to decode a word, help them by encouraging them to say each sound in the word from left to right.
- Blend the sounds by pointing to each one, e.g. /c/ in cat, /p/ in pat, /ng/ in sing, /ee/ in been.
- Discuss the meaning of words if your child does not know what they have read.

5.

TILIA MARKET GARDEN

The start of the Summer term saw us continue our journey in outdoor learning. We visited Tilia market garden on Thursday and the children had fun hunting for worms so we could build our own worm farm! We shall be doing this at the school too! Fridays session at the school saw us plant some herb seeds. We were also able to grind some wheat into flour. We also were able to see how well the pea and broad beans had grown!

Mr Thurston



6.

CERTIFICATE WINNERS

Kestrels

Logan - for self-improving his phonics and being determined to try his best

Aila - for co-operating with others and building on existing relationships wider friendships within the class

Elle - for concentrating well and trying her best in all subjects but especially phonics

Aya - for concentrating well in Maths on the carpet and being able to explain her reasoning

Falcons

Jed B - for being an Independent Enquirer. This week Jed has written amazing sentences in English using first person and adjectives. He has also been curious and completed a range of home learning. Well done Jed!

Max P - for being a Resourceful Thinker. Max has showed brilliant creativity and imagination by re-creating an underwater theme world. He carefully used resources and linked his learning to create an amazing piece of work at home. Keep it up Max!

Marsh Harrier

Leo - for managing distractions well and working hard in all lessons.

Always trying hard in lessons.

Seb- working hard and staying focussed on tasks. Managing distractions well. making contributions to class discussions

Buzzards

Jack S: for a great start back after Easter, super focus and concentration across all lessons.

Annie - for fantastic work in a creative writing activity this week. Listened carefully to the instructions and went above and beyond to write a two page story in a short amount of time.

Red Kites

Lily - for always working incredibly hard and for producing a fabulous WWII timeline

Ada - for excellent work in science this week in finding out about materials and their properties

Kieran - for working very hard this week and producing a good story based on the Alma short story

BIRTHDAY ANNOUNCEMENTS THIS WEEK

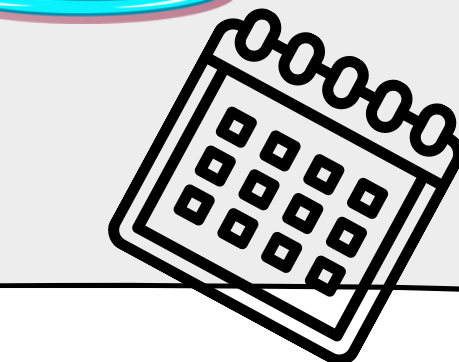
Happy 6th Birthday to Logan Yr (26th March)
Happy 10th Birthday to Jack Y5 (3rd April)
Happy 5th Birthday to Lewy YR (4th April)
Happy 8th Birthday to Millie Y3 (5th April)
Happy 10th Birthday to Noah Y5 (5th April)
Happy 7th Birthday to Naomi Y2 (11th April)
Happy 11th Birthday to Elliot Y6 (12th April)
Happy 8th birthday to Tommy Y3 (17th April)
Happy 11th Birthday to Elsie Y6 (19th April)
Happy 5th Birthday to Colton YR (20th April)
Happy 10th Birthday to Oscar Y5 (21st April)



7.

UP COMING EVENTS

22/04/24 RSe Cafe- led by Mrs Lewis- all parents welcome. 3.15pm
23/04/24 & 24/04/24 - Yr 3 The Garage Days
26/04/24 Parent Curriculum Cafe 3.15pm
26/04/24 FOHS Sweet & Crisp Sale (Front Playground) 3.15pm
29/04/24 Yr 3/4 RE Trip to Norwich Cathedral Yrs 3 & 4 9.15-3.00pm
06/05/24 Bank Holiday
W/C 13/05/24 SATS Week KS2
20/05/24 Tri Golf Yrs 2-4
20/05/24 Yr 6 Trip to London
23/05/24 Class Photos
W/C 27/05/24 HALF TERM



8.

WELCOME TO OUR IN HOUSE KITCHEN TEAM

9.



Our in house kitchen team have
settled in very well this week.

Getting to know the children and
producing some delicious meals.

Great opportunity to encourage your
child to try some new on the menu.



Week 16

Fine Motor Skills

Fine motor skills guide the small movements of the hand and fingers that allow your child to write and draw. For example doing up buttons and zips or cutting with scissors.

When these skills are under-developed, your child may struggle to be independent or you may notice they are not as confident as their friends.

Occupational Therapists may be asked to assess your child's fine motor skills. This will often take place in school and they can provide resources to help develop fine motor skills.

<https://www.justonenorfolk.nhs.uk/occupational-therapy-for-parents-carers/learning-playing-exploring/skills-building/fine-motor-skills/>

FYI is a new interactive NHS website for young people in Norfolk and Waveney aged 11-24 years old, designed by the local community and validated by NHS professionals to provide reliable and trustworthy content to support young people in navigating various life challenges.

Using this innovative online platform, young people can find help and advice on a wide range of topics, including emotional and mental wellbeing, relationships, family life, education, as well as additional needs and disabilities, and further resources to local organisations that can support them with their life challenges





MEET THE TEAM

11.

Who are you?

Hi, I'm Ms Gardner

What is your role in the Sunflower Federation?

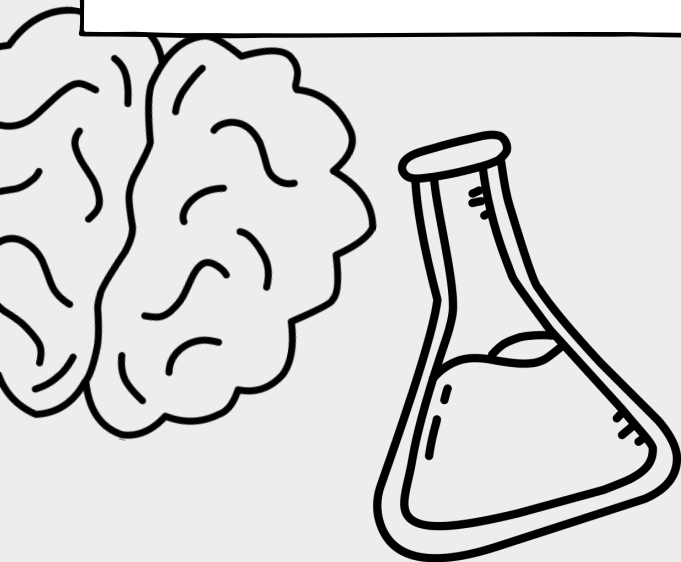
I am very excited to be starting as the Buttercups class teacher.

How long have you worked in one of our schools?

1 Week



Ms Gardner



What is the thing you most enjoy about your job?

I have had such a warm welcome at Brooke and I am really enjoying to get to know everyone in my class. I love exploring stories and finding out about the world around us.

What do you enjoy doing when not at work?

I really enjoy reading (did you know...I used to be a librarian) and swimming. I'm also learning to sew. I'm not very good at that yet but I am going to keep on trying.

What is your favourite flower?

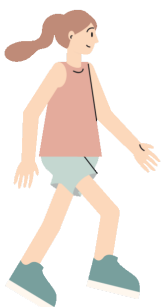
I love bluebells as they are always in bloom on my daughter's birthday.

Have you got a joke to tell us?

What did the zero say to the eight? Nice belt!



ONLY TWO WEEKS TO GO.
PLEASE SUPPORT WHERE YOU CAN OUR
FEDERATED TEAM OF WALKERS TO SUPPORT



[https://www.justgiving.com/fundraising/sunflowerfederation?
utm_source=facebook&fbclid=IwAR2LVEFrSrhyGM6S9IDjd629Dx
0yNeY8RYjKRRatChZxCFFIIoRiv81InMY](https://www.justgiving.com/fundraising/sunflowerfederation?utm_source=facebook&fbclid=IwAR2LVEFrSrhyGM6S9IDjd629Dx0yNeY8RYjKRRatChZxCFFIIoRiv81InMY)

We are
 launching PAN
 Disability
 football sessions
 shortly at
 Mulbarton
 Wanderers -
 these are
 completely free
 and open to
 children with a
 broad spectrum
 of impairments
 and disabilities.



Mulbarton Wanderers Pan Disability Football

BE ACTIVE - HAVE FUN - MAKE NEW FRIENDS - PLAY FOOTBALL

**We are a friendly football club looking for new players
 to join our pan-disability football team for boys & girls
 aged 6-11**

DATE: Saturday 27th April

TIME: 10am - 11am

LOCATION: FDC, Clover Hill Rd, Bowthorpe, NR5 9ED

PUBLIC TRANSPORT: First Bus route 23 & 24

LEAD COACH: Dan Henry

AGES: 6 - 11

EMAIL: FOOTBALL@MULBARTONFC.CO.UK

TELEPHONE: 07462 230572



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